



# Kid Connection Newsletter

September 2011

The Child Development Centre (CDC) of Prince George and District ~ Developing potential, exploring possibilities!



### Gym Reno in the Works!

Children at the Centre will soon be enjoying a great new space, including some wonderful new equipment and new rubberized flooring.

A huge thank-you to Variety Club of BC for supporting the project!

### Breaking New Ground

The Child Development Centre (CDC) and the Northern Health Authority (NHA) are jointly developing a new initiative that promises to provide substantial assistance to children with special needs and their families.

In our last newsletter ([www.cdcp.org/documents.shtml](http://www.cdcp.org/documents.shtml)) we introduced our joint development of a service network for children with special needs, but how will it benefit the region's children? Three years ago the CDC and NHA integrated their intake processes for preschool children with special needs. This integration proved highly beneficial by increasing the level of collaboration and communication between our organizations. This improved both overall services and the individual service plans we develop for the children we serve. The integration also facilitated improved access services; families can receive services from both organizations by filling out one set of registration and authorization documents.

The network will expand on these benefits. It will also be the first of its kind in BC, linking several child development, health and education providers.

The project's first major milestone is scheduled for completion in October when both organizations upgrade their electronic client information systems.

### CDC Staff Recognized

At the recent "Champions in Childcare" Gala, our staff were recognized for the following:

- Christy Kubert - *Outstanding Support Worker*
- Candis Johnson - *Varma Crofts Award for Dedication to Childcare*

We would also like to congratulate Christy on her recent promotion; she is now Manager of Supported Child Development.

### Announcing:

**The 44th Annual General Meeting (AGM)** of the Child Development Centre of Prince George and District Association

Where: Child Development Centre, 1687 Strathcona Ave.

When: September 27, 2011

5:00pm - Meet & Greet - Food and refreshments provided.

Opportunity to meet with Staff and Board of Directors.

5:30pm - Meeting start

7:00pm - Expected conclusion

### Did you know??

The Province uses attendance at AGM's as a measure of organizational support. This can impact the CDC's funding.

### Want to find out more about the CDC?

Our web site is a great resource at [www.cdcp.org](http://www.cdcp.org).

You can also find us on Facebook ([www.facebook.com/cdcp](http://www.facebook.com/cdcp)), Twitter ([twitter.com/#!/cdcp](http://twitter.com/#!/cdcp)), and You Tube: (<http://www.youtube.com/user/cdcp>)



*"Children are the world's most valuable resource and its best hope for the future."*  
John Fitzgerald Kennedy



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**Did you Know??**

The CDC provides services to approximately 1 in 5 of the region's preschool children.

**Our Renovated Sensory Room**

This is being utilized by several Daycare, Preschool and Therapy children for it's calming effects.

Thank you to the Ronald McDonald House Charities grant for making this possible.

Watch for upcoming Parent Education on Sensory Processing Disorder

**Specialized Therapy Groups**

Physiotherapy has started a weekly baby group, and hopes to incorporate pool sessions soon. Contact your physiotherapist with questions.

**Handwriting without Tears Group**

Talk to your Occupational Therapist if you think this group would benefit your child.



**Speech and Language Pathology Early Intervention Outreach Program**

Services provided to families in:

- Mackenzie for last 2 years
- Valemount/McBride for last 5 years



Thank you Morfee Elementary and Robson Valley Support Society for hosting and supporting our therapists.

Thank you Infant Development Program, Supported Child Development, daycares and preschool, and Public Health Nurses for helping with follow-through, and promoting early childhood development. We couldn't provide an integrated and coordinated service without you!

**The Power of Collaboration**

Occupational Therapy completed *Parenting the Spirited Child* with Intersect and the CNC Early Childcare Program. 14 parents attended and the sessions were well received.

Physiotherapy, School District 57, & Trivel hosted a very successful bike clinic in June. This enabled children to trial custom made, specialized bikes.

Family Services, Intersect, and Dr. Boulding facilitated *Parenting from the Inside Out*, a popular 10 week course with a full class, and a waitlist.

**Family Services**

These services support families through various programs, and community activities. For questions relating to children, child development, or parenting, or to sign up for our free programs, contact **Tanya at (250) 563-7168 ext 210 or visit <http://cdcp.org/family.shtml>**

**Coming...**

Parenting from the Inside Out - in collaboration with Intersect and Dr. Boulding

Sunbeams - Grief and Loss program - ongoing

Handle with Care - Infant Mental Health education for childcare programs - in partnership with Aboriginal Infant and Family Development, Infant Development Program, and Child Care Resource and Referral

Second Step and Let's Talk about Touching - in the CDC Daycare programs



**Preschool Monthly Fees:**

- \* 1 day/week \$55
- \* 2 days/week \$110
- \* 3 days/week \$160
- \* 4 days/week \$215
- \* 5 days/week \$270

**All classes are full with a wait list.**

**Daycare**

- \* Orchard Room, 7:30am - 4:30pm
- \* Rainbow Room, 8:30am - 5:00pm
- \* Little Footprints, 8:15am - 4:15pm

Fees:  
*3-5 year olds*

- \* Full time - \$650/month
- \* Part time - \$35/day
- Under 3*
- \* Full time - \$850/month
- \* Part time - \$45/day



**Did you know??**

Our daycare and preschool services are open to children of all abilities



## At the CDC

### A Month of Prizes - 31

#### NEW CDC Fundraiser!!

#### A winner every day in October!!

Buy a \$10 calendar at the front office in September for your chance to win.  
250-563-7168 Candis or Kim for details

October 2011						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

31 Chances to Win

**FREE**

Baby clothing/misc. items.

250-563-7168 ext 225

### Congratulations!!

Charlene Mattson won our "Summer Fun Basket" Contest

Watch for upcoming chances to win FABULOUS prizes

#### Peer Support Group

For children ages 7-10 with various physical challenges. The goal is to develop self confidence/awareness of special abilities. Date and time to be announced. Call Tanya for information at (250) 563-7168 ext 210.



## Testimonials

### Supported Child Development Parents

"You have no idea how much I appreciate the support from SCD/CDC. It was ALL positive for our son, my husband and I. Having the CDC come into our life was a turning point for our son/family."

"Very impressed with the staff's ability to notice the needs of my child and step forward with how we can get that help."

"It overall has been a positive experience with the extra help our son has received to make after school care more successful."

### Child Care Program Providers

"I feel that the SCD offer excellent support for us. I believe that we have a great partnership. If we need any kind of support or questions about any challenges, we know that you will be able to help us in the best approach you can."

"Support Staff is excellent and very competent in her skills. Consultants are available for information & setting up meetings."

## In the Community

### Special Olympics BC – Active Start

A specialized sport program for parents and tots aged 2-6, designed to get children living with intellectual disabilities a chance to improve their movement and have fun with their parents/peers. Saturday mornings at AiMHi Gym.

For more information or to register:

Kristin Webster, 250.570.1455

[kwebster@specialolympics.bc.ca](mailto:kwebster@specialolympics.bc.ca)

### Helping our Tiny Lights Shine

#### ONE PHOTO AT A TIME

The Tiny Light Foundation is a non profit foundation providing FREE professional photography to families with children who are faced with life altering diagnosis, disease, or disability.

Web: [www.thetinylight.com](http://www.thetinylight.com), Email: [info@thetinylight.com](mailto:info@thetinylight.com)

Melissa (604) 792-5141, Billie (780) 939-2889

## 2011 Dates to Remember:

**Note: The CDC is closed on ALL Statutory\*\* Holidays**

- \*\*Sept 5** - Labour Day - Centre Closed
- Sept 7** - 9:00-11:30 M/W Class Preschool Open House
- Sept 8** - 9:00-11:30 T/Th Class Preschool Open House
- Sept 9** - 9:00 -11:30 Friday Class Preschool Open House
  - multi-organization FASD Day events at the Family Resource Centre.
  - For information - Tanya 250-563-7168 ext 210
- \*\*Oct 10** - Thanksgiving - Centre Closed
- Nov 1 & 2** - Positioning & Mobility Clinic
- Nov 6** - Daylight Savings Time Ends - Fall Back 1 hr
- \*\*Nov 11** - Remembrance Day - Centre Closed
- Dec 2** - Kris Kringle Luncheon - Centre Closed
- Dec 3** - Gift Wrap opens at Pine Centre Mall
- Dec 16** - Children's Christmas Party
- Dec 19 - Jan 3** - Preschool Closed
- \*\*Dec 25** - Christmas Day - Centre Closed
- \*\*Dec 26** - Boxing Day - Centre Closed
- Dec 26 - Jan 3** - Daycare Closed



Has one of our staff members gone above and beyond to help you and your child? Please let us know so we can recognize their efforts.



## Activities

**Mazes for Preschool and Kindergarten  
Pre-Writing Skills**

<http://www.first-school.ws/theme/printables/mazes.htm>

**Connect the Dots**

[http://abcteach.com/directory/fun\\_activities/dot\\_t\\_o\\_dot/](http://abcteach.com/directory/fun_activities/dot_t_o_dot/) -list of connect the dots labeled for difficulty

## Special Thanks to...



The Child Development Centre staff would like to express their sincere gratitude to **McDonald's Restaurants of Prince George**. McDonalds continues to be one of the Centre's most important sponsors. This year McDonald's donated half of their McHappy Day proceeds to the Centre (\$6620!). We would also like to thank the residents of Prince George for their continuing support through their McHappy Day purchases!



The Northland Auto Group demonstrated their commitment to helping the region's children by choosing the CDC as the beneficiary of their golf tournament. Although we have yet to receive a tally from the Spirit of the North, we expect it to be in excess of \$30,000. Thank you for your support!



All of our wonderful volunteers, past and present, that selflessly give of their time.

We currently need volunteers within administration, our daycare classes, gardening, as well as a woodworker/metal worker to help fabricate equipment. If you are interested in volunteering, please fill in our application form at [www.cdcp.org/volunteering.shtml](http://www.cdcp.org/volunteering.shtml)

Keep up-to-date with our events calendar on both our Facebook page and our website at [www.cdcp.org/calendar.shtml](http://www.cdcp.org/calendar.shtml)

Would you prefer to receive our Newsletter electronically?

Email your address to: [lauriep@cdcp.org](mailto:lauriep@cdcp.org)



**Child Development Centre  
of Prince George & District**

1687 Strathcona Avenue, Prince George, BC V2L 4E7  
Phone: (250) 563-7168 Toll Free: 1-888-563-7166  
Fax: (250) 563-8039  
E-mail: [enquiries@cdcp.org](mailto:enquiries@cdcp.org) Web: [www.cdcp.org](http://www.cdcp.org)